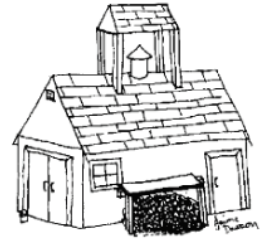


THE GUILFORD GAZETTE



Volume 27 No.3

August 2021 Issue



Guilford Fair Will Reopen This Labor Day Weekend

BY JESSIE CHESLAWSKI



Hear ye, hear ye, the Guilford Fair will be back Labor Day weekend on Sunday, September 5th and Monday the 6th, 2021! The Guilford Fair trustees are working hard to bring you the fair we all have come to know and love. There is deep comfort in tradition and familiar things and after a year and half of the abnormal, we are proud and excited to bring this nostalgic weekend back to our beautiful town.

What will it look like this year, you ask? We are securing rides, vendors and entertainment currently. We will have our usual submission

categories: baking, veggies, collections, photography, knits, flower bouquets, etc., blue ribbons and prizes for our Fitch Hall exhibition entries. Our beloved Bingo will be back, as will the Guilford Volunteer Fire Department barbeque and the Guilford Community Church food booth with its usual menu. We will be adhering to the State of Vermont and CDC guidelines for Covid protocol, as they are so written, at the commencement of the fair. We will host rain or shine!

We wish you all a healthy and safe summer and look forward to seeing you in person Labor Day weekend!

Horse pull and sheep shearing photos courtesy of Michelle Frehsee

The Guilford Gazette

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The *Guilford Gazette* was established in 1995 and was published by students at Guilford Central School, with support from the Town of Guilford, and is now published under the auspices of the Guilford Free Library. We publish four issues per year: November, February, May and November.

The *Guilford Gazette* is happy to print photos and articles submitted by the public. Please be aware that *the Gazette staff cannot be responsible for photographs and names printed without the permission of participants*. It is the responsibility of the writers and photographers to make sure they have permission to print.

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The Guilford Gazette is an all-volunteer newspaper that comes out four times a year. That's a big commitment for the four or five regulars on the staff, who take care of editing, production, advertising, printing and mailing it to every Guilford household. Here's how you can help:

- **Prepare the printed newspaper for mailing** by helping us with labels. If enough people show up, this only takes a few hours and it's a chance to socialize and get a sneak preview of the paper! Contact Cathi Wilken at the library [257-4603] to find out how you can help.

- **Send in articles.** This is a chance to let us know what your group, organization or business is doing in Guilford! Or perhaps you'd like to share a reminiscence, poem, or story with your fellow Guilfordites. Just limit your entry to no more than 600 words. You can submit articles to the Gazette by email to gazette@guilfordfree.org, or you can send a printed copy to Susan Bonthron (108 S. Belden Hill Rd., Guilford, VT 05301), or Gazette c/o Guilford Free Library (4024 Guilford Center Rd, Guilford, VT 05301). Please DO pay attention to deadlines!

- **Join our staff.** If you have an interest in becoming a staff member who can help with editing, advertising or production, we'd love you to join us at our "second Thursday of the month" meetings at 9AM at the Guilford Country Store. Meetings start on time and last no more than one hour.

- **Donate.** The Gazette always welcomes donations of any size. They help pay for postage and printing. Checks made out to The Guilford Gazette should be sent to Guilford Free Library, 4024 Guilford Center Road, Guilford, 05301.

Thanks in advance for your help in keeping our town newspaper alive and thriving!

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FOMAG Festival Returns!

BY FRIENDS OF MUSIC AT GUILFORD

Back from its one-year pandemic hiatus, the annual Friends of Music at Guilford Labor Day Weekend Festival returns for a 55th season on Sunday, September 5, at the Organ Barn on Kopkind Road. The outdoor concert begins at 3:00 PM and will last approximately an hour, without intermission. The Guilford Festival Orchestra conducted by Ken Olsson will perform works by various composers including Gluck, Mozart, and Fauré, as well as lighter contemporary fare. The concert concludes as always with the audience joining the players in singing Randall Thompson's "Alleluia."

The Festival traces its origins to an organ recital given in 1966 for his neighbors by Guilford summer resident A. Graham Down on a mechanical-action organ he had installed in a barn next to his property. He made it an annual tradition and invited guest artists to join him. When Graham left the area in 1971, several of those neighbors formed Friends of Music at Guilford to continue his legacy and expand its offerings to performances throughout the year of chamber, choral, and stage works.

Members of the Festival Orchestra are drawn from local ensembles, including the Pioneer Valley Symphony, Sage City

Symphony, Keene Chamber Orchestra, and Windham Philharmonic, which this year provides production assistance.

FOMAG President Jenifer Ambler said the organization is "really looking forward to presenting music again after a year-plus of hibernation. We've missed getting together in person to enjoy concerts and camaraderie. An outdoor concert is the perfect way to re-energize us all. We're so grateful to the Kopkind Colony for continuing to host us on their beautiful grounds."

The 2021 Festival is a pared-down version. There won't be a Saturday evening organ recital in the Barn; that event will return next year. Sunday's concert will skip the customary lunch sales, cookie sales, and post-concert reception. Audience members are encouraged to bring their own picnic, as well as blankets and lawn chairs. The grounds open at 2:00 PM and are accessible; assistance will be available for people who need it. Parking is ample.

Admission is by donation. More information can be found on the FOMAG website www.fomag.org.

Please join Friends of Music at Guilford to celebrate its 55th Labor Day Weekend Festival on Sunday, September 5!

Photo: Jenifer Ambler



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Bingo's Back!

BY DON MCLEAN



Bingo is Fun for Young and Old at the Fair.



With the return this year of the Guilford Fair, one of its most enduring features is coming back: Bingo! Broad Brook Grange has been running bingo in its pavilion at the fairgrounds for generations. Remarkably, it still costs only a quarter to buy a card for a game. This year, there will also be occasional higher-stakes games (a more expensive card and a bigger payout!)

Something folks have been missing—with the Community Center building closed—are the baked goods

at the Grange brunches, so the bingo pavilion will also include a small bake sale of homemade goodies from the Grange bakers. All proceeds will help keep the Grange organization going until the Broad Brook Community Center reopens a year from now.

The Grange also sponsors the King Arthur Baking Contest.

Bingo will run from 10 am to 4 pm on both Sunday and Monday during the Fair.

See you there!

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Bike Night at Guilford School is a Big Success

BY WENDY STONE

The Guilford Recreation Commission sponsored its 8th annual Bike Night for the community of Guilford on Saturday, June 26th, at the Guilford Central School.

Families were welcomed by pop music playing while they rode their bikes, rollerblades and skateboards around the paved loop. We provided kids on their "hot wheels" with a variety of flags, flowers and streamers for decorating their bikes. The children were also challenged to develop their bike riding skills by participating in some riding challenges such as: the Timed Trials, Newspaper Toss, Obstacle Course, Tightrope, and the Stopping on a Dime. We provided snacks in addition to bubbles, hula hoops and a cornhole game.

It was wonderful to see the children challenge themselves and improve their bike riding skills while having fun with their friends and family.

Thank you to the Recreation Commissioners who volunteered their

Additional Bike Night photos are on pages 22 & 23.

time for this event.

We look forward to seeing you at Bike Night next year!





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How's Your Internet?

BY ZON EASTES, GUILFORD SELECTBOARD MEMBER

You may have heard that DVFiber has entered into a public/private partnership with Great Works Internet (GWI) to secure access to affordable, high-speed Internet for every home and business within its 24-town district. What is a public/private partnership? Because previous efforts by the State of Vermont have not secured broadband for all, and because communications corporations have had little incentive to do so, a new deployment strategy has been devised, enacted via legislation, and funded. (The specific bill, recently passed by the legislature and signed by Governor Scott, was H.360.) Vermonters throughout the state are currently creating start-up organizations to build successful partnerships between public municipalities (communications union districts, or CUDs) and private corporations, with a strong emphasis on control by the CUDs.

In just over one year, the Deerfield Valley Communications Union District (DVCUD, dba DVFiber) has grown from the five establishing towns to 24 towns, all sharing the goal of providing access to affordable, high-speed Internet to every home and business in the district. Because of the new legislative action, seven other CUDs have also recently sprung up around the state. None is moving quite so forcefully and quickly as is DVFiber.

The appearance of significant funding via the American Rescue Plan Act (ARPA) enables immediate activation of these public/private partnerships. Instead of initially borrowing funds to build and sustain a network (a significant part of our original business plan), DVFiber will receive infusions of federal investment



monies via the state that will expedite the development process. (Borrowing remains a likely project funding tool, but down the road a bit.)

DVFiber's new partner

DVFiber has been courting viable partners since late March, by which time we received twelve proposals responding to our RFP. GWI, based in Biddeford, ME, is a certified B-corporation with experience in providing broadband Internet for towns across rural Maine. The B-corporation designation signifies that profit creation is not the single most important driver for decision-making and policy development. GWI is the first broadband carrier nationwide to receive certification as a B-corporation.

In our deliberations, DVFiber sought a partner that shares our values of equity, performance, affordability, reliability, and privacy. GWI's stated values include supporting open access, net neutrality, and data privacy. All indications are that GWI will be a strong partner.

As the Internet service provider (ISP), GWI is also bringing ValleyNet to the partnership

for network construction and operations. ValleyNet has a near 20-year history with ECFiber, the first and oldest CUD in Vermont, which now comprises 30 towns in the Upper Valley.

In our final agreements with GWI, DVFiber seeks to structure the partnership so that we will ultimately own the network's physical elements, while GWI (with ValleyNet) will construct, maintain, and operate the system. Although timelines are being determined as of this writing, we can confidently predict that broadband service will be available for all well before the original business plan forecast of 2027.

So what happens now?

DVFiber and GWI signed a memorandum of understanding (MOU) on July 2. This milestone action set the stage for what will develop over time. There is a lot of ground to cover, and different business cultures to blend. In the end, DVFiber and GWI will agree on network construction timelines and costs, as well as on customer relationship management strategies.

Our vision is that DVFiber will transition from an energetic start-up operation to a wise network overseer and owner.

A lot of intense work has been done already—quickly and with expert care. Our goal to serve the district with affordable, high-speed Internet seems set to go. There are many people to thank, as we also acknowledge that a different level of work is just now beginning.

Learn more and get involved

Intrigued? To learn more, visit our website at DVFiber.net and sign up for

Continued on next page



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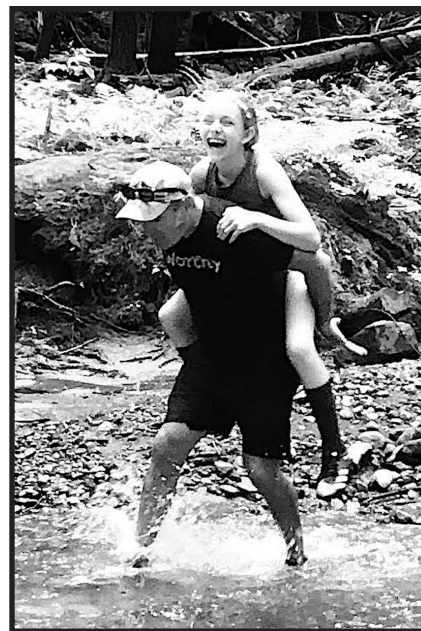
BY CATHI WILKEN

In addition to four camps with 51 children, we're doing a weekly read-aloud for elementary-aged children. I chose the first book, *Because of Winn-Dixie* by Kate DiCamillo. Subsequently, book choices have been a group decision by participants.

Reading lasts 30-45 minutes, depending on the energy of the listeners, reader too. Children and/or adults are welcome to spend some time before or after exploring the library, using a computer, playing games, or just visiting in the shady back yard.

Frederick, Patty, Lambie Pie and Paddington went camping again this summer and invited the stuffies of Storytime

participants to join them. Some of the children sent photos of their stuffed animals. The theme for camp this summer has been Telling Tales, and a program for adults is growing out of this. The Guilford Mapping Project, conducted by the Conservation Commission last spring, reminded me of many Guilford sites that have wonderful stories that go with them. It seems like Roger and I visited many, but not all, the first year we moved to Guilford. We're working with the Guilford Historical Society and the Conservation Commission to create a series of events to visit, map and tell some of these wonderful stories. Keep your eyes peeled for further information.



Camp photos

How's Your Internet, continued

our newsletter to stay informed. Want to get involved? We are always looking for people to contribute and serve on the district's three committees (Vendor, Finance and Audit, and Communications). There is a lot of work ahead to secure broadband for the region and win customers to DVFiber. If you have specific skills you think would be helpful, please contact Zon Eastes at 802.380.9550 or at zoneastes.dvfiber@gmail.com.



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Karen Duggan Retires from Kindergarten

BY NANCY DETRA



Karen Duggan at Guilford Central Schhol

Settled at a picnic table outside the Guilford School, newly retired kindergarten teacher Karen Duggan reflected on her 37 years with children. She was hired several principals ago to teach second grade, spent some years in that position, then taught first grade a few more years before taking on her favorite job.

"If you teach kindergarten you smile every day," she said.

Collaboration was always her watchword as a teacher; she believed a school should be a team that includes children, staff, parents, siblings, and townspeople. She also had her ear to the ground for opportunities to bring people in from the greater community to share their knowledge and skills with the children. She spoke of a wonderful, year-long partnership with Linda Whelihan, the former outreach coordinator at the Brattleboro art museum. Because of the pandemic,

Linda could not enter the building; instead, the class met her outside once during each season to take on a new hands-on project.

"I loved it because it was all about art process," said Ms. Duggan.

"The community of Guilford has always turned out for the school," she said. The schoolgrounds are now dotted with shelters and sheds, designed and built by community members, so children could spend more time outdoors. "So many people come when you ask. We needed a structure, and there it was!"

Ms. Duggan enjoyed welcoming the littlest people into the school community, and it wasn't just the children—she enjoyed getting to know the families as well. Now Guilford's excellent preschool program, under the direction of Emma Hollowell, has taken on the initial welcoming of students. They come into kindergarten already familiar with school as a safe and inviting place, according to Ms. Duggan.

While Ms. Duggan made sure the kindergarteners got to meet many new people, they spent the greatest part of the school day with her and Mrs. Cutting.

"I couldn't have done it without Mrs. (Sandy) Cutting," she said. Mrs. Cutting was her classroom paraeducator throughout her time at Guilford. "We were a good team," she added. Of kindergarteners, Ms. Duggan waxed eloquent. "At five years old, kindergarteners are at the height of innocence... They are adventuresome, brave, willing to try new things. They bring joy." And they put their thoughts and feelings into the most honest and wonderful words. She remembered a class trip to an orchard one fall. On the way on the bus one little boy began to nod. She remembered him

saying, "I'm trying to sleep, but my head keeps waking me up."

Ms. Duggan has always remembered a lot. She's been called the "Memory of Guilford School." It's not just because she was at the school for so many years; it's because her mind has always been a reservoir of information—names and details were not lost on her—and her attitude has always been positive.

"It's a great school; it's a great staff. Everyone works really hard. I'm so lucky to have worked at this school," she said.

But wait—it's not over yet! Two days after she "retired," Principal John Gagnon called and offered her a part-time job providing academic support to kindergarten and first grade students in reading and math. It sounded like something she'd enjoy, and the part-time schedule suits her now. She will join a team of teachers who help students to succeed in academics.

"We know more now about how children learn," Ms. Duggan said, and the support teachers help the classroom teachers "meet children's (different) learning styles" so no one falls behind.

Principal John Gagnon is pleased. "Karen brings experience, positive energy and an incredible work ethic. She is student and family centered. And she takes seriously the opportunity to mentor young people entering the profession. I and the entire staff are thrilled to have her coming back next year in a new role!"

Guilford Central School will have Ms. Duggan "on the team" again in the fall, and the town will continue to benefit from her enthusiasm and skill as a teacher.

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Lynn Tobey Leaves Big Shoes to Fill

BY NANCY DETRA

Lynn Tobey has retired from a 30-year career at Guilford School, and she's looking forward to having time to put her gardens to bed properly this fall. She won't be driving a school bus, monitoring kids at recess, team teaching in a classroom, or providing a cozy corner and a listening ear to kids who are having a melt-down in the classroom. But, when asked about the work she's done at Guilford School, she'll tell you she loved it.

"So much has come and gone and changed," she said. When she started working at the school driving a bus, she's not even sure she had to get a special license—that came later.

"Something I loved about bus driving was that I met the kids first thing in the morning. I could kinda see how their day might go." And in every other role she was filling in subsequent years, she kept her eyes and ears open for kids that might be slipping through the cracks.

"Sitting at a desk with a book and a pencil is not what every kid needs," she said, and they have a special place in her heart. "Those are my kids—the kids I enjoy working with."

The other thing about bus driving—it gave her the opportunity to see a lot of wildlife. She has spotted deer, bears, beavers; also otters, sliding on the ice on Weatherhead Hollow Pond. She saw a bobcat once, or maybe it was a lynx; another time she saw a "huge coyote—dark—almost like a wolf."

Ms. Tobey has been a paraeducator in every grade at the school—from pre-K through 8th grade. In the last decade she's been the planning room teacher.

The planning room, she explained, was a place for a kid to just be, to blow off steam or hole up in the "Cozy Corner." The idea was not new—there were already planning rooms at other schools in the area. She visited some of these to see how they were working. Back at Guilford she was encouraged to use her own judgement on how to handle a situation, which she appreciated. "I felt really trusted."

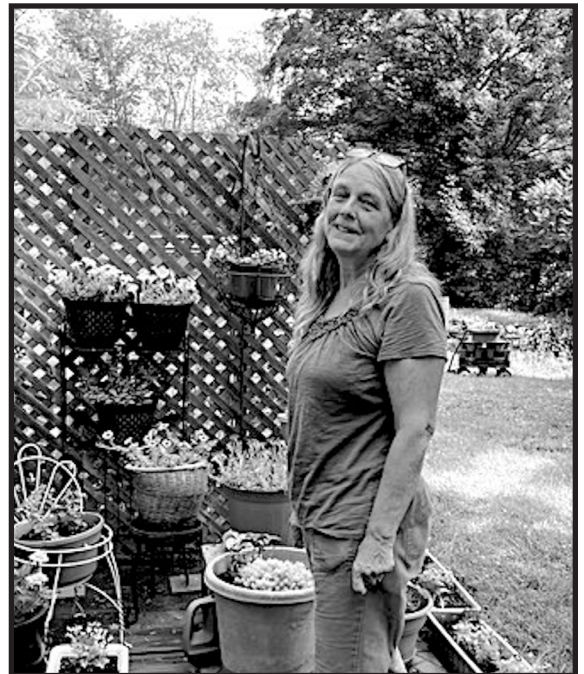
"I could tell just instinctually what they needed; I just knew." It was usually one-on-one in the planning room, but there were days when she'd have two, three, even four kids at a time, of all ages. Every visit required its own resolution. Even the same child might need one thing on a given day, and something entirely different on another. Occasionally she would play a game with a child, but "I wasn't supposed to be the pleasure spot," she said, smiling. Sometimes a teacher might request that a child come back to the classroom before Ms. Tobey thought they were ready. "I knew they'd be back," she said.

Did the planning room work? She said the data showed that it did. Careful records were kept about each child who visited the room, what class they were from, how the problem presented itself, and how the child planned to deal with issues differently. Referral ran as high as 200 in a given period; that number dropped to under 100.

Principal John Gagnon describes Lynn's contributions to the school as "hard to

quantify. Many children, families and staff members considered her as one of the people who embodied the spirit of the school. Lynn was always willing to pitch in and do whatever it took for the good of the kids. Lynn's example of service to Guilford's kids and families inspires all of us at the school."

After retirement? "I want to be out in my dooryard. Gardens require your attention," she said. Besides gardening, Ms. Tobey will be spending time with her granddaughter, a Guilford graduate, and a very new granddaughter, born in June. She also plans to visit relatives and friends in Florida for a few weeks this winter. "Family is very important to me," she said.



Lynn Tobey in her garden

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News from Christ Church Guilford

BY CHRIST CHURCH GUILFORD SOCIETY

The 1817 Christ Church in historic Algiers Village has seen quite a bit of action this spring and early summer. Although the building has been closed to the public since the Covid pandemic began, plans are afoot for renewed activities.

Christ Church is the Mother Church of St. Michael's Episcopal Church in Brattleboro. The congregation has been holding two Sunday Services outside on the west lawn, weather permitting, since May. All are welcome to join in, at 8 or 10:15 am.

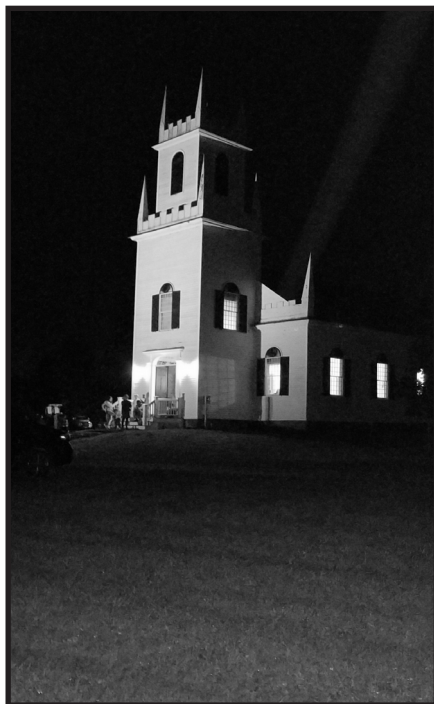
Thanks to a generous matching grant from the Preservation Trust of Vermont, Christ Church was recently inspected by an historic building specialist with decades of experience restoring old churches, barns, and mills. He was very impressed with the overall condition of the 204-year-old building.

The Church sanctuary is remarkable for its coved and vaulted ceiling, grain painted wood paneling, and original name plates affixed to the pews. The bell tower, with its decorative crenellated battlements and corner pinnacles, houses an 1837 bell, cast in Massachusetts.

Many Guilford residents have helped to promote and maintain the Church over the years, including carpenters, painters, slate roofers, engineers and musicians. The Christ Church Guilford Society consists of Guilford residents and members of St Michael's who feel a close connection to the Church and work to preserve its special character.

Once Christ Church reopens, we look forward to hosting church services, weddings, concerts, meetings and more. Please call 257-2636 for information on joining our Board

or booking your event. Donations are greatly appreciated and can be mailed to Christ Church Guilford, 16 Bradley Ave., Brattleboro VT 05301.



Christ Church at night

Guilford Resident Earns Academic Honors at NMH

Gillian Fletcher of Guilford, Vermont has been named to the Dean's List for work completed during the spring 2021 term at Northfield Mount Hermon.

Northfield Mount Hermon is a coeducational boarding and day school for students in grades 9–12 and a postgraduate year. Founded in 1879, NMH engages the intellect, compassion, and talents of its students, empowering them to act with humanity and purpose. NMH currently enrolls 655 students from 27 states and 52 countries.

Did You Know?

BY JESSIE CHESLAWSKI

Did you know that you can rent the fairgrounds for weddings, private events, large events, etc.? We have warmly welcomed Maureen Daylor into our fold as our fairgrounds schedule coordinator. If you are interested in pricing, requirements, insurance, included amenities, please refer to our website: www.guilford-fairvermont.com for more information.

We would like to add a gentle reminder to all who use the fairgrounds recreationally for getting a bit of exercise, walking your dogs or for small gatherings, that the grounds will be closed to the public whenever there is a private event being held there, and we appreciate your respect and cooperation.



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2021 AIDS Walk

BY SHIRLEY SQUIRES

I am so grateful and humbled for those who gave to my walk this year as well as in the past 27 years. I began this walk to benefit the local aids program 28 years ago in the memory of my son Ronnie, never thinking at age 90 I would still be doing it and many of those who contributed in the past are still with me in this effort. The AIDS Project is a great organization and cares a lot for their clients.

This year I was able to raise over \$20,000. In such trying times I am so thankful to all. In all I have raised over \$410,812. I have not done it alone; it is only with the generosity of all those who have seen me through my "walk" these many years that I have been able to accomplish this, and to whom I can only say "thank you from the bottom of my heart."



AIDS Walk for Life

Senior Solutions helps Vermonters with Food & Fuel Benefits

BY THOMAS SIMMONS

While we may be seeing the light at the end of the pandemic tunnel, the economic challenges that have faced us all are ongoing; and for many older Vermonters, the challenges of paying for food, fuel, and medical bills are very real. In Guilford, that's more than 300 of our neighbors. And yet, 60% of older Vermonters who are eligible for assistance such as 3SquaresVT do not participate!

3SquaresVT is a nutrition program that helps you put healthy food on your table. A family of two with a monthly gross income of \$2,659 or less, or a single senior with an income of \$1,969 or less, may be eligible to receive funds for food, as either cash in the bank or on a card that

works just like a debit card.

A new program, "3SquaresVT in a SNAP," makes it even easier! If everyone in your household is at least 60 years old or receiving disability benefits, and no one is earning income from employment, you can apply with a simpler application, and you can keep your benefits for three years with no additional paperwork. You may qualify even if you have money in the bank, own your own home, or are employed.

As we have already had our first summer heat wave, heating for the winter might be the last thing on your mind, but the time to apply for winter Fuel Assistance is now. 3SquaresVT and Fuel Assistance can both be applied for in a single application. Fuel

Assistance helps with winter home heating bills, and may be used for fuel oil, propane, electricity, and even wood heating.

Simply call the Senior Help-Line at 802-885-2669 to start the process for either program.

Senior Solutions can help you find other programs you may be eligible for, such as Medicare Savings Programs, Prescription Drug Assistance, Meals on Wheels, and others, and will help you through every step of the applications. Senior Solutions is the trusted non-profit agency that has operated as Guilford's Council on Aging since 1973. It does not charge any fees for helping area residents.

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Guilford Farm to School Thrives on Community Partnership

BY LAURA CARBONNEAU

What does it take to make a successful Farm to School program? At Guilford Central School (GCS), a big part of the answer is community partners.

“The community support that we see at Guilford Central School is amazing. From the dedicated parents on the Leadership Council to parents who donate mulch for our blueberry plants and excavator time to site a shed, our families and community members clearly value our students’ outdoor experiences and give a lot to

support our programming. Our Farm to School and Nature-Based Education programs are thriving and couldn’t have gotten to this point without community involvement,” says Sarah Rosow, the Farm to School Program Coordinator at GCS.

School principal, John Gagnon, agrees: “The success we have experienced at GCS is due to the remarkable contributions and efforts of our community partners. Capital improvements to our campus and professional development for our staff in best practices in

nature-based learning are a direct result of support that our parents, community and local non-profit organizations have provided.”

Guilford Central School is a regional leader in Farm to School—its over 7-year-old program is a shining example of how Farm to School can grow well-grounded students and connect communities. Before the pandemic, students used school-grown vegetables for taste tests highlighting local dishes for the school to try before adding them to the cafeteria’s menu. GCS hosted the Holiday Market, where each grade made garden-based crafts and food items to sell to the community. The staff’s gardening and nutrition education experience meant that they were ready to move learning outdoors and get creative about cooking lessons when the pandemic hit.

“We love to cook in Pre-K and try to do at least one cooking project every week. In pre-COVID times we would prep our ingredients inside and then bring them outside to cook over the fire,” reflects Pre-K teacher Emma Hallowell. “This year, we found that preparing food outside was challenging during the cold winter months—those little fingers! But now that it’s spring, we set up a cooking station in our outdoor classroom and have a great time cooking over the fire again.”

The gardens continue to grow throughout the school campus, creating new learning spaces for classes and more produce for students to try. The Guilford FTS Program purchased two new raised beds built by Three Trees. Soil donated by Windham Solid Waste Management District (WSWMD) and D&E



Kindergarteners Jarod and Jimmy plant a peach tree

Continued on next page

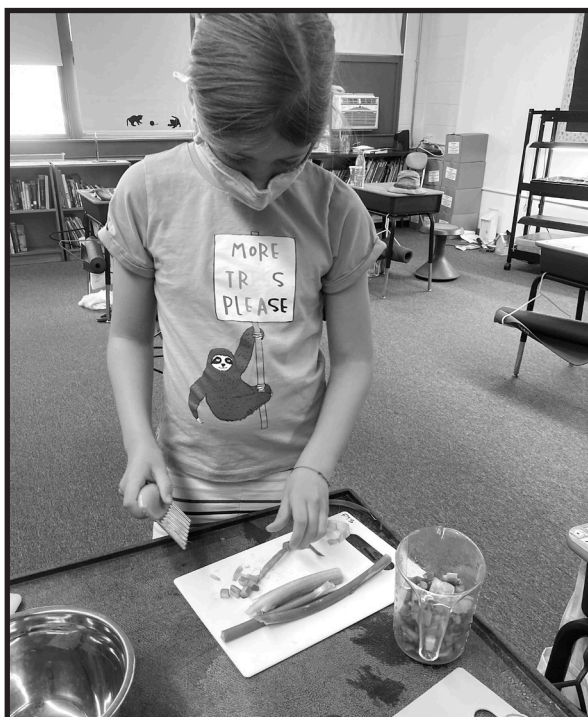
Guilford Farm to School, continued

Tree Company filled the beds. Apple trees donated by Scott Farm and plants from Walker Farm and Lilac Ridge Farm help fill all this new growing space. More trees, berries, and crops also require more maintenance! A rotating cast of parent volunteers supports the Farm to School Coordinator, Sarah Rosow, by weeding beds, fertilizing blueberry bushes on weekends, or stopping in with a skid steer to move soil and mulch. Food Connects' Summer Garden Program keeps families involved and ensures that the gardens are weeded and watered throughout the summer months. Valuing the importance of the program, the Guilford Country Store donated additional funds to support it.

A grant from RiseVT funded a StoryWalk to encourage classes and community members to get outdoors, take a walk, and enjoy a story. The school purchases books at a discount from Everyone's Books for the StoryWalk, on themes ranging from diversity to nature to food and farming.

Food Connects sent sprouting kits to interested classes at the start of spring, exciting students about the growing season and enabling them to try sunflower and pea sprout taste tests. All the students' cooking endeavors, from bread on a stick to sweet potato tots, are chronicled in a community cookbook. With help from Food Connects and C&S Print Shop, every family will be able to take home a cookbook along with a cooking kit with funding from VT Fresh. The hands-on curriculum has proved invaluable during the pandemic, encouraging student engagement and building excitement about returning to school after a year of remote and hybrid learning.

The school has highlighted local food in meals for students. Recipe kits were sent home with students that featured local ingredients such as salad greens from Milkweed Farm and maple syrup donated by Franklin Farm.



4th Grader Arabella chops rhubarb from GCS garden for muffins

Students get to enjoy Franklin Farm beef year-round in the cafeteria, thanks to their partnership with the school.

Each contribution from the community helps build the Farm to School program students currently enjoy. "As COVID restrictions are lifted," says Sarah Rosow, "we'll be looking to get families even more involved in the gardens, to generate more community involvement around our new sugaring program, and to re-establish our Winter Market." Mr. Gagnon adds, "We are very grateful and excited to continue this journey with our community partners in an elementary school that nurtures a love and respect for our natural environment."



Thirty pounds of salad greens from Milkweed Farm, ready to be bagged up and distributed to families along with salad dressing

Have a Warmer House This Winter!

BY NANCY DETRA

The Guilford and Brattleboro Energy Committees are working together to stage a workshop where folks can assemble low-cost insulating window inserts to warm our homes and reduce both heating bills and the use of fossil fuels.

These workshops are sponsored by Window Dressers, a Maine-based non-profit organization that has helped produce over 40,000 inserts in its 10-year history.

Volunteers, trained by experts from the Window Dressers organization, go out to participants' homes and measure windows for custom inserts. Then you all come together to assemble them over several days. No special skills are necessary, and every simple job is taught on-site by our experts.

The workshop will take place at the Winston-Prouty Center gym from October 28-November 2, 2021.

According to the Window Dressers website (windowdressers.org), a team at the Universalist Church of Rockland, ME conducted an extensive energy audit in October 2010 that identified leaky aluminum-clad windows in its sanctuary as a major cause of heat loss. In response, a friend of the church attended a workshop on the construction of insulating window inserts. He then built and donated twenty-six new inserts to the church shortly before Christmas 2010. The effect was a warmer church, lower heating bills, and reduced CO2 emissions.

The new inserts attracted the attention of parishioners, who inquired whether the inserts might work in their own homes. Two members took orders for a total of 185 inserts, which they built in their basement workshops.

Since then Window Dressers has supported the effort of communities in Maine, New Hampshire, and Vermont to produce low-cost inserts. To date, those communities have built 42,567 inserts in total, which have collectively saved an estimated 3.4 million gallons of heating fuel from being burned since 2010!

Now you can do this too!

The program did not operate in 2020, due to the pandemic, but Executive Director Laura Seaton says she is thrilled to be getting the program up and running again.

"I am beyond grateful to all of you for stepping up

and volunteering, once again or for the very first time, to help keep our neighbors warm, our planet cool, and our communities connected."

For more information, to inquire about prices, or to order inserts, call Nancy Detra at 802-254-4762.



Nancy Detra holds a sample window insert

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Is My Old Advance Directive Good Enough?

BY LANA GOLDEN

In my work as a volunteer advance care planning facilitator with Taking Steps Brattleboro, I am frequently asked whether an old Advance Directive someone signed several years ago when they signed their will at the attorney's office is "good enough."

Like the answers to so many good questions, the answer to this one is, "It depends." It depends on several things, including how much the questioner thought about their values and choices at the time, how much they discussed it with their agent(s) and other loved ones, and whether their advance directive was registered and/or distributed to those who need to have it. And most of all, it depends on their view of the purpose or goal of advance care planning (ACP), and thus their view of what is "enough."

If someone sees the goal of ACP as having a legally valid document that specifies who they want to speak for them and their very general choices of what types of treatment they would want if they couldn't speak for themselves, then the document they have already signed may be enough. It is certainly better than providing no guidance at all.

But if someone sees the goal of ACP as making meaningful and clear choices to make it easier for their agent to speak for them and

maximize the probability that their choices will be honored, then they may want to do more. From this perspective, ACP is a process, and while the legally valid advance directive (AD) document is important, it is not the heart of the ACP process.

Specifically, the heart of the ACP process is a conversation (or series of conversations), optimally with a trained facilitator, exploring subjects ranging from your past experiences with death to what you love about life. You talk about what you desire most and what you fear most, and how that relates to deciding when the tipping point between life-extending care and comfort care has been reached. You talk about specific scenarios that might come up requiring decisions about specific treatments, and you talk about general beliefs and values, be they religious, cultural, or personal. You probe what the phrases "acceptable quality of life" and "life with dignity" mean to you.

The trained volunteer facilitators at Taking Steps Brattleboro can help walk you through this ACP process. They can also help you take what you learn from the conversation and express your wishes clearly in a new AD document, and then they can help you register it. Along the way, they can help you discuss your wishes with your agent and other loved ones, who can participate in the ACP

conversations if you want, and they can help you frame any questions that need to be discussed with your health care providers.

The main thing to remember is that ACP is an ongoing process. Our wishes and fears, as well as our views of what is an acceptable quality of life, will change over time; and our ADs should reflect these changes. Indeed, if you register your AD with the Vermont AD Registry, which is free to VT residents and highly recommended, the registry will periodically remind you to revisit your choices.

For free help in beginning or continuing your ACP process, please contact Don Freeman, Taking Steps Brattleboro Coordinator, 802-257-0775, ext. 101, or don.freeman@brattleborohospice.org.

Fire Department Statistics

April:

6 fire
2 medical calls
1 mutual aid

May:

8 fire
6 medical calls
5 mutual aid

June:

3 fire
11 medical calls
5 mutual aid

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Guilford Fire Department Auxiliary

BY WANDA ATOMANUK

We are glad to return to our fundraising. This past year we have not been able, and therefore have not given the Fire Department the yearly donation. We know it has been missed. We have kept up the supply of bottled water and been available to assist with food should it be needed.

The Welcome Center Bake Sale is on again. The FD and Auxiliary will be hosting the Coffee Break on Columbus Day Weekend. There is a change in how we package and distribute our baked goods. All items need to be wrapped/sealed. Items will be handed to the customer rather than having customers pick up their choice. We also plan to use more purchased items, bananas and apples. Someone will be at the fire station on Friday, October 8 from 5:00 pm to 7:00 pm to accept donations. Maybe 2022 we will be back to normal.

Guilford residents have always gone beyond in supporting this effort and much appreciation is expressed by the travelers. Some travelers have said "It is the best on the East Coast" and look forward to it each year.

The Boot Drop will return. We stand in the middle of the road with a FD Boot (good thing it is outside) and collect change from vehicles. It is a good event for us.

The Auxiliary is experiencing a shortage of members. We are struggling to remain an organization and would so appreciate anyone who would like to join us. Due to Covid we have not had regular meetings but hope to continue regular meetings soon.

If you would like information, you can contact any member or one of the officers: Tammi Quinn, Wanda Atomanuk or Andrea Tracy.



*Fireman's Muster
Photo: Michelle Frehsee*

Guilford Fire Department Updates

BY WANDA ATOMANUK

The Guilford Volunteer Fire Department (GVFD) welcomes back the Chicken BBQ at the Guilford Fair this Labor Day Weekend. The usual menu will be available. Take pictures of the little ones on the fire truck, hats will be available.

Our fundraisers (Reflective Address Markers, \$20) are still available. You can order by sending the following information to the Fire Department at 108 Guilford Center Road., Guilford, VT 05301.

Please include:

Your name & phone number

Street address number—should the numbers be horizontal or vertical?

Make check payable to Guilford Volunteer Fire Department. (Please write "Address Sign" in the check memo line.

You can also use Payal at www.paypal.me/GVDVermont. (Note that Pay Pal can be used for any donation).

T-Shirts with the new fire truck are also available. You can contact the Fire Department for sizes. Both can be ordered at the Fair.

We are looking forward to participating in the Fireman's Muster. Everyone should be as ready as ever since the Pandemic didn't take a break on the need for firemen. GVFD members are ready to take the trophy.



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Levitating the Broad Brook Community Center

BY RICK ZAMORE

If you've driven through Guilford Center recently and noticed steel I-beams and daylight under the BBCC, you may wonder what's going on. The building is getting a basement!

There are several reasons this is happening, the most important being the building's lack of storage space. This has always been an issue, and the need for storage will become even more pressing when the finished building is available to be used more fully than ever. Additionally, parts of the substructure (sills and joists) were rotting and becoming unsafe in the damp crawl-



BBCC Up in the air!

space, and that problem will be solved with the new foundation and structural supports. The basement will also make the building warmer in the cold months and easier to heat.

The building was lifted by Larmon House Movers, from Schuylerville, NY, a family operation that has been in the business of lifting and moving buildings for 135 years and five generations. They did the initial excavation, placing cribbing to support the building, as shown in the photo above. They then threaded massive I-beams under the

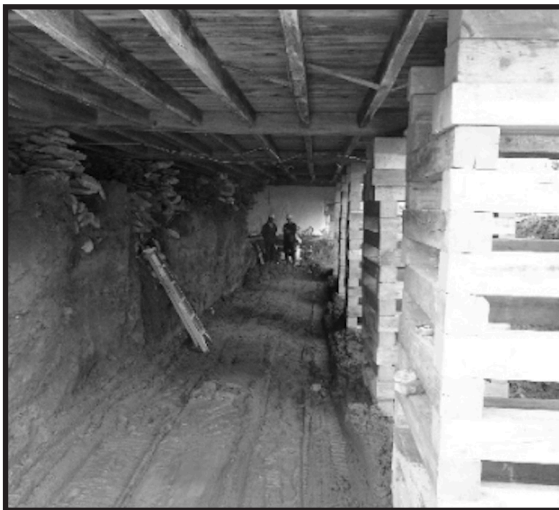
building and onto the cribbing. Each I-beam is longer than the width of the building. Jacks under the I-beams then slowly lifted the building a couple of feet and held it high enough to complete the excavation.

The final excavation and the installation of drainage under the building has been done by MT3, which hauled away the mountains of dirt dug out to make way for the basement. The soil

under the building was too full of clay to be reused, so back-filling the finished foundation will be done with fresh soil.

Muhonen Construction, from Jaffrey, NH, is now at work laying crushed stone in the excavated space, in preparation for the footings. The next step is pouring the basement walls. Once they've cured and hardened, the building can be lowered onto the walls during the first week of August. Then the basement slab will be poured and renovations can resume inside the building.

All this work is made possible by donations from Guilford residents, for which the BBCC is deeply grateful.



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Window Dressings for the Summertime

BY SUSAN BONTHRON

If you happen to live in a school-house, the summer sun shining in all those windows can heat up your home in no time—especially if those windows face south or east.

Last summer I took an online class with a world famous paper cutter named Beatrice Coron. She often works with Tyvec™ (not the kind with printing all over it—you can actually buy rolls of plain white Tyvec from paper suppliers). It's great for cutting because it's strong but can be easily cut with a No. 11 scalpel, which I often use in bookbinding.

Coron demonstrated how she cuts patterns in large sheets of Tyvec by tacking it up in a doorway and then cutting it loosely with a scalpel. I tried this using long pieces from a 30" wide Tyvec roll I had in my studio. Then I noticed that my living room windows happened to be 30" wide. Not only that, but they had old leftover metal



Tyvec Window Dressings for summer cooling

hanger hardware for pull down shades. So naturally I found some nice round dowels, hammered a headless nail into each end, and thumbtacked on my carved Tyvec. Hanging in the window, they resemble white patterned curtains. The Tyvec lets in some sunlight

but blocks a lot of it, making the house much cooler. And the patterns it casts onto the floor are lovely. Best of all, they are easy to take down, roll up, and store away until the following summer.

2021 Connecticut River Speaker Series

BY OLIVIA UYIZEYE, CONNECTICUT RIVER JOINT COMMISSIONS

This year, the Connecticut River Joint Commissions (CRJC) Subcommittees have been working together to celebrate and learn more about our Connecticut River—its history, science and culture. We invite residents of the Connecticut River Valley to join and participate. Two events have

already occurred: On March 23, we hosted an online event called "River Paths for Wildlife", and on May 25th, the "Future of Invasive Species Management". The 2021 Riverwide speaker series will host two more events to occur virtually on a Tuesday at 6pm. Register or Find out more at [http://](http://www.crjc.org/lrs/)

www.crjc.org/lrs/

SEPTEMBER 28: A History of the Connecticut

NOVEMBER (TBD): Water Quality & Green Infrastructure

This year, members are also working to advance water quality monitoring of the Connecticut River and

Continued on next page



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Eric Barradale Dies at 100

Eric Gordon Winter Barradale passed away peacefully on May 25, 2021 in Brattleboro. He was born on March 5, 1921 in Orange, New Jersey. With the coming of the Great Depression, he and his older sister came to live with their aunt and uncle, Kate and Fred Hebden in Guilford. Eric graduated from Brattleboro High School in 1940, and enrolled at Dartmouth College. He was a member of the tennis and the ski teams there.

After the Japanese attacked Pearl Harbor Eric enlisted in the Navy and learned to fly. He flew anti-submarine patrols over the western approaches to the Panama Canal.

He and his wife Joan met in high school and were married on July 6, while Eric was home on leave. When the war ended he returned to Dartmouth to finish his studies there and then went on to study at Tufts Dental School. Eric opened a practice in Brattleboro in 1950, and practiced for 35 years.

During those years he and Joan



*Eric Barradale starting the
Cross Country Ski Race*

raised two sons, David and John, and welcomed Experiment for International Living students for extended stays in their home. He and Joan also spent time

helping out in Haiti in the 1950s. Eric served as a trustee at the Brattleboro Retreat, including as chair, and was honored by the National Association of Private Psychiatric Hospitals with the prestigious Presidential Award for Outstanding Volunteer Trustees.

Eric and Joan played tennis and were members of the Brattleboro Outing Club. They also enjoyed skiing. Eric founded the annual Washington's Birthday Cross Country Ski Race. He trained with friends, including John Caldwell, who coached the US Cross Country Ski Team, and competed in the 50-mile-long Vasaloppet Ski Race in Sweden in the 1960s.

After retiring from his dental practice, he served as an officer of his Dartmouth Class of 1944 and worked to maintain and improve the family homestead in Guilford.

Memorial gifts may be made to the Guilford Volunteer Fire Department, the Guilford Historical Society, or to Dartmouth College.

2021 Speaker Series, continued

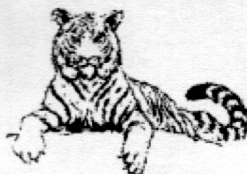
we welcome volunteers to help us in this effort.

By using the knowledge and wisdom of riverside communities, we might better prevent expensive and culturally ruinous troubles, safeguarding the magic of the Connecticut River. CRJC preserves and protects the visual, ecological

and agricultural resources of the Connecticut River Valley of New Hampshire and Vermont, as well as guides its growth and development. The five CRJC Local River Subcommittees, which include all 53 riverfront communities, comment on river related permits and watershed planning. Enabled by both states, volunteer commission-

ers and members act as the "eyes and ears" on river related issues. In addition, members advance public awareness and involvement on issues of local priority.

For more information, visit our website at www.crjc.org or contact us any time via email: contact@crjc.org or phone: (603) 727-9484.



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Selectboard Works on New Initiatives

BY RICHARD WIZANSKY

Over the past several months, the Guilford Selectboard has been working on a number of initiatives aimed at improving the quality of life in our town.

Here's a summary of recent Selectboard activities. There will be much more news to come about each of these initiatives as they are further refined and developed.

Most interesting and exciting is that the Selectboard officially certified its intent to accept American Rescue Plan Act Funding of 2021 (ARPA). Congress passed the bill in March and the U.S. Treasury will allocate funding to each of the fifty states. Vermont applied a formula which calculated the specific amount to be distributed to each town. Guilford is scheduled to receive approximately \$110,000 both this year and next year and the town has three years to decide how to spend the funds. Strict criteria govern how the town can spend the funding. The most important of these is that projects must be connected to the impact of COVID 19 on the town and its residents.

The Selectboard is working on developing plans for distributing the funds, including convening public meetings to gather input and project recommendations, and establishing criteria for selecting projects to be funded. Please stay tuned for more news and announcements to come on this subject.

Other Selectboard projects include accepting a proposal from Dubois & King, Inc.—a planning, engineering, and construction company—to conduct a scoping study to identify issues and ideas for construction of a mixed-use path over a 0.9 mile stretch through the Village of Guilford Center. This project is funded in part by the Federal Highway Administration and the Town, through the Vermont Agency of Transportation

(VTrans) Municipal Assistance Bureau.

This path would run through Guilford Center Village and safely connect a number of frequently used destinations including the Guilford Central School, Guilford Free Library, Weeks Trail, Guilford Playscape, the Broad Brook Community Center, the Meeting House, and the Guilford Historical Society Museum.

The Selectboard also is working on accomplishing the budgeted goals of the town's Capital Improvement Plan. To that end, the Selectboard, working in collaboration with a committee of library trustees and a local consultant, selected Goldstone Architects of Bennington to develop architectural plans for a small addition to the Guilford Free Library.

The addition will focus on expanded room for children's programming, meeting space, librarian services and the library's collection, including the Vermont history collection. Funds for the addition are designated in the town's Capital Improvement Plan and will be supplemented with tax credit dollars, generous estate gifts to the library, potential state and federal

funding and philanthropic contributions from foundations, corporations and individuals. The Selectboard and library committee will soon develop and announce a public engagement plan that will provide opportunities for residents to comment on and make recommendations to the library addition's design, uses and fundraising.

The selectboard also recently voted to replace the exterior siding on the town garage which has been deteriorating due to water damage and bee, bird, and other wildlife infestations. A Request for Proposals to complete the work is in the process of being sent to potential vendors.

Finally, a summary of town business could not be complete without a shout out to our intrepid Highway Department which, as always, does a remarkable job at keeping our town's roads safe, passable and well maintained. Hurrah Danny and the crew!

Remember, please, that more information will be shared publicly about each of these initiatives. Watch this space, among others, for developing news!

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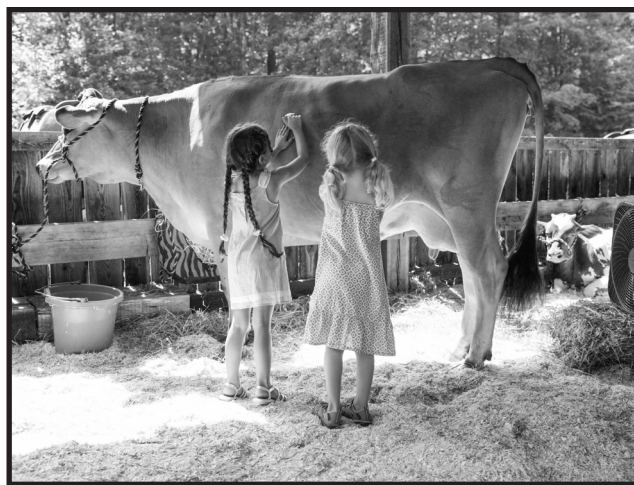
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Photos courtesy of Michelle Frehsee

2021

Sunday, September 5

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Car Show
Fire Department Muster & BBQ

Monday, September 6

Horse Show & Horse Pull
Fire Department BBQ
Chainsaw & Crosscut Contests



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**We're coming back for
more fun in 2021!**

After a long year apart, please
join us at the Guilford Fair!
Catch up with old friends,
make a few new ones and
celebrate being able
to gather again!

GVFD Purchases Yeaw Property

(PRESS RELEASE)

On June 17, 2021 the Guilford Volunteer Fire Department purchased the Yeaw family property on Guilford Center Road. Earlier this year, we were informed of the upcoming sale of the Yeaw property, which sits adjacent to the fire station. William Yeaw was a lifetime member of the department and served for many years as Assistant Chief.

In 2010, the Guilford Volunteer Fire Department received an extraordinarily generous donation in the form of a bequest, upon the passing of longtime resident Marion Shores. Having no immediate ideas on how best to utilize the funds, they were safely invested in a Certificate of Deposit for future use.

With the recent purchase of our 2019 Pierce Pumper truck, we now have

three trucks over 30' in length. These, along with our Brush truck, Utility truck, Off Road Rescue trailer and Water Rescue trailer have created space challenges within our apparatus floor. The GVFD board of trustees have been considering options for expanding equipment storage space. Options for expansion have been limited due to the footprint of the building and size of the existing lot.

The opportunity to purchase the Yeaw property, for the purpose of expanding

storage space for our growing department, seemed like the ideal use of Ms. Shores bequest funds. The property will eventually house new storage spaces for our growing fleet of equipment. We are profoundly grateful to the Yeaw family and to Ms. Marion Shores for the ability to expand and strengthen our department. We are humbled by the generosity of this community and proud to serve its residents.

More Bike Night photos



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Claire Renaud
Guilford resident
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 **Berkley & Veller**
Greenwood Country
Realtors

Green Tomato Relish

BY WANDA ATOMANUK

- | | |
|---------------------------------------|--------------------------------|
| 24 medium to large green tomatoes | 3 TB pickling salt |
| 4 large white, yellow or sweet onions | 3 Cups granulated sugar |
| 1-2 jalapeño peppers (optional) | 3 Cups white distilled vinegar |
| 6 medium to large bell peppers | 3TB mixed pickling spices |
| (mixed colors) | (tie in a cheese cloth bag) |



- Dice (about ¼ inch size) the vegetables.
- In a large bowl add diced vegetables, stir in pickling salt, and let stand 1 hour.
- Drain and discard liquid. Add sugar, pickling spices, and vinegar. Transfer mixture to a 4-qt. pot and bring to a boil. Simmer gently for 1 hour.
- Pack hot relish into hot, sterilized pint jars, leaving a ¼ inch head space at the top. To remove air bubbles, tap the jar gently. Clean jar rims. Put the metal lid and screw bands on the jar, hand tighten just to secure.
- Process in a boiling water bath 5 minutes. Remove from water bath, cool and store in a cool, dry place. Yield: 6 pints.



GUILFORD FREE LIBRARY



SCHEDULE:

TUESDAY, 9:30-6:00

WEDNESDAY, 1:00-8:00

THURSDAY, 3:00-6:00

SATURDAY, 9:30-3:00

Community Calendar

SEPTEMBER:

- 5 - Friends of Music at Guilford, 3 PM, outdoor concert on the lawn. Tree Frog Farm. Admission is by donation. More information can be found on the FOMAG website www.fomag.org.

- 5-6 Guilford Fair, rain or shine.

- 28 - A History of the Connecticut - online Connecticut River Speaker Series. For information: www.crjc.org or contact us any time via email: contact@crjc.org. phone: (603) 727-9484

OCTOBER:

- 1- Gazette Deadline for the November issue. Send your articles to gazette@guilfordfree.org

ONGOING:

Every Tuesday

- 11 AM ZOOM STORYTIME

Library-Cathi Wilken & Laura Lawson Tucker present a program of songs, fingerplays, books and activities for babies, toddlers and older siblings (free) Info: 257-4603 Email staff@guilfordfreelibraryvt.org to request the zoom link.

Every Tuesday

- 3 PM READ ON!

Cathi reads aloud from a short chapter book. Suitable for K-2nd grades.

Every second Tuesday of the month

- 9 AM GAZETTE MEETING At the Guilford Country Store. Help plan the next issue.

Every Wednesday through September

- 7 PM BADMINTON PICK-UP GAME

All welcome. \$1 Hosted by Sunrise Farm, 3976 Hinesburg Road. For information: guilfordshuttlecock@gmail.com

3rd Wednesday of the month.

- 6:30 PM TALK ABOUT BOOKS

Library. Books are available to borrow from the library. (free).

Every Thursday

- 5-6 PM FOOD PANTRY at Guilford Fairgrounds. Info: call Pat Haine 257-0626

Support Your Source of
Community News



Donate Money to
the Guilford Gazette

ABOUT THIS COMMUNITY NEWSPAPER

This newspaper is for you! We (the community volunteers) put together this newspaper for the community. We welcome your comments and questions. We hope that the Gazette provides a way for people in the community to communicate about local interests and goings on. Anyone can submit an article or letter to the editor--just put it in the Gazette Box at the library or the school, or mail it to The Guilford Gazette c/o Guilford Free Library, 4024 Guilford Center Rd, Guilford, VT 05301.

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In This Issue...

Guilford Fair Will Reopen This Labor Day Weekend . . .	p.1
Help the Gazette.	p.2
FOMAG Festival Returns!	p.3
Bingo's Back!	p.4
Bike Night at Guilford School is a Great Success . .p.5, 22-23	
How's Your Internet.	p.6
It's Summertime, and the Library's busy.	p.7
Karen Duggan Retires from Kindergarten.	p.8
Lynn Tobey Leaves Big Shoes to Fill	p.9
News from Christ Church Guilford.	p.10
Did You Know?	p.10
Guilford Resident Earns Academic Honors at MNH. . . .	p.10
2021 Aids Walk	p.11
Senior Solutions helps Vermonters	p.11
Guilford Farm to School Thrives	p.12-13
Have a Warmer House This Winter!	p.14
Is My Old Advance Directive Good Enough?	p.15
Fire Department Statistics	p.15
Guilford Fire Department Auxiliary	p.16
Guilford Fire Department Updates	p.16
Levitating the Broad Brook Community Center	p.17
Window Dressings for the Summertime	p.18
2021 Connecticut River Speaker Series	p.18-19
Selectboard Works on New Initiatives	p.20
More Guilford Fair Photographs	p.21
GVFD Purchases Yeaw Property	p.22
Green Tomato Relish	p.23
Community Calendar.	p.23

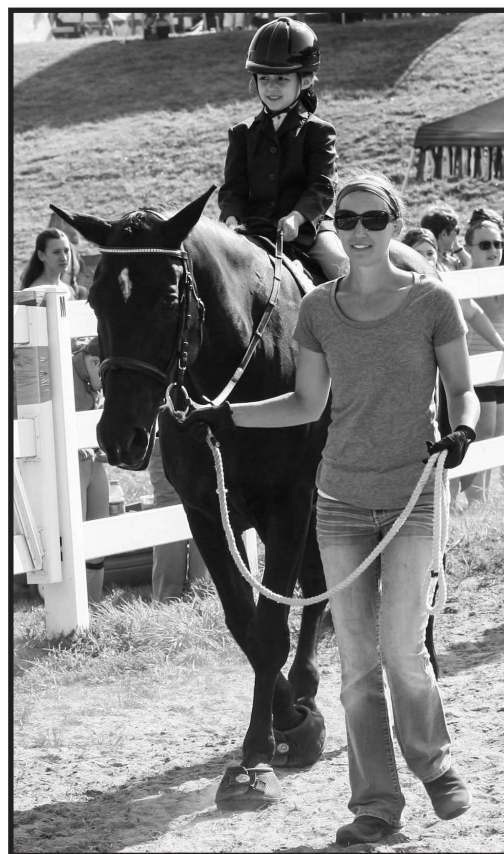


Photo courtesy of Michelle Frehsee

